

# Respiratory Syncytial Virus

## The virus, the illness and its management

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Clinical Microbiologist | PathWest Laboratory Medicine



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CENTRE OF VACCINES  
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## Summary

A common virus infecting ciliated epithelial cells of the upper and lower airway

Infection stimulates a rapid immune response but waning results in recurrent infection through one's lifetime

More severe disease observed at the extremes of age, particularly infants and the elderly

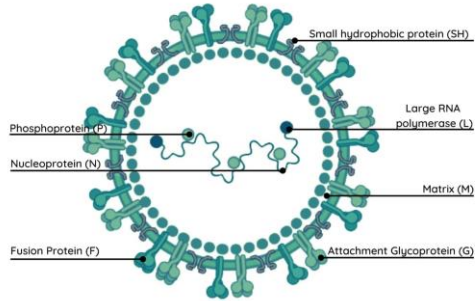
Most common cause of respiratory infection in infants and underappreciated in older individuals

Morbidity significant locally; morbidity and mortality significant globally

Management is supportive; Prevention is possible



# The virus



## RSV

Paramyxoviridae (Pneumovirus)

Two subgroups: A and B

15.2kb genome

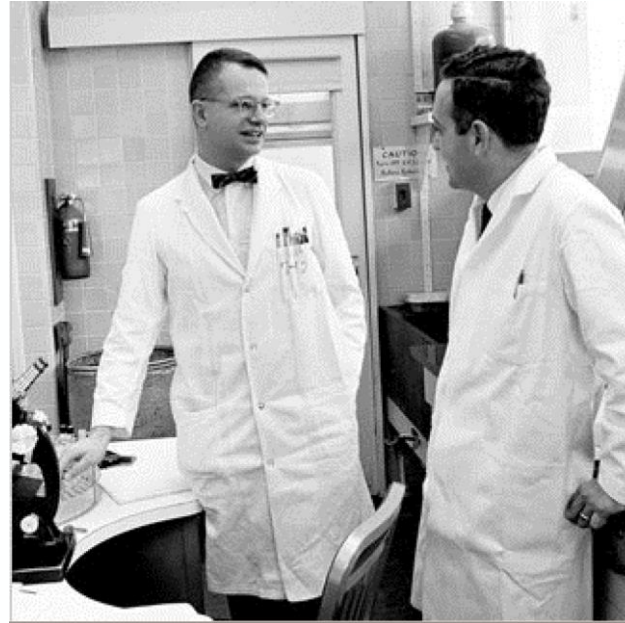
ssRNA; negative sense

Non-segmented genome

Replicate: respiratory epithelium

Key proteins: Glycoprotein and

Fusion protein



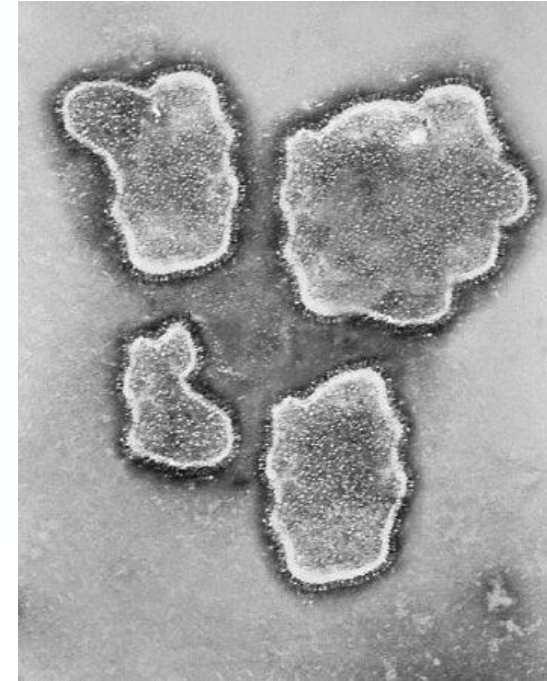
RECOVERY FROM INFANTS WITH RESPIRATORY ILLNESS  
OF A VIRUS RELATED TO CHIMPANZEE  
CORYZA AGENT (CCA)

II. EPIDEMIOLOGIC ASPECTS OF INFECTION IN INFANTS  
AND YOUNG CHILDREN :

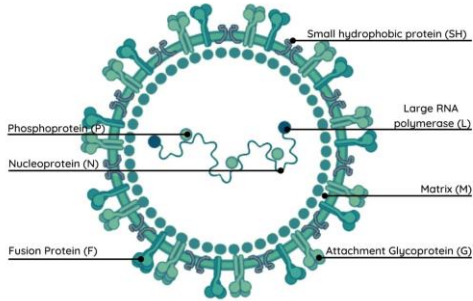
By

ROBERT CHANOCK \* AND LAURENCE FINBERG \*

(Received for publication July 22, 1957)



# RSV (compared with influenza and SARS-CoV-2)



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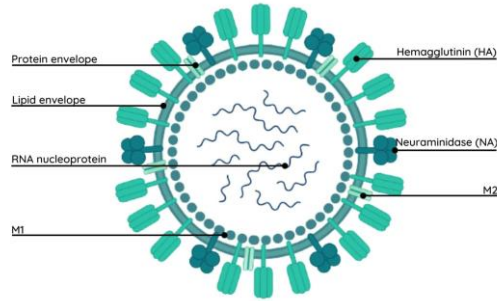
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## Influenza

Family: Orthomyxoviridae

Three strains: A, B and C

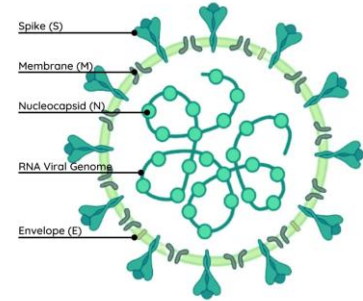
13.5kb genome

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Segmented genome

Replicate: respiratory epithelium

Key proteins: Hemagglutinin and Neuraminidase



## SARS-CoV-2

Coronaviridae ( $\beta$  coronavirus)

7<sup>th</sup> CoV know to infect humans

29.9kb genome

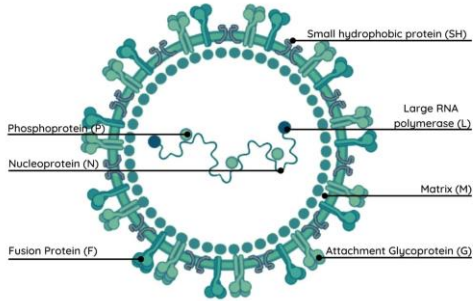
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Replicate: respiratory epithelium

Key proteins: Spike and Nucleocapsid

# RSV (compared with influenza and SARS-CoV-2)



## RSV

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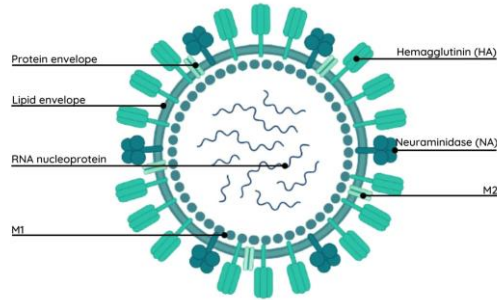
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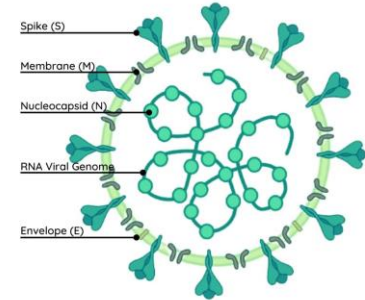
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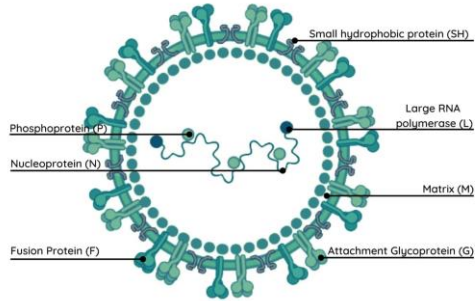
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# RSV (compared with influenza and SARS-CoV-2)



## RSV

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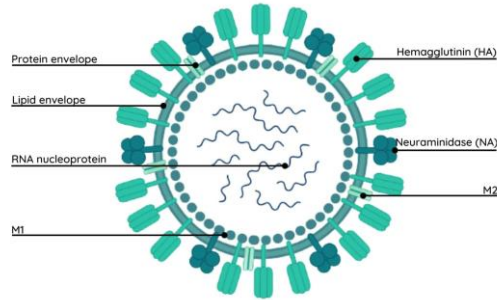
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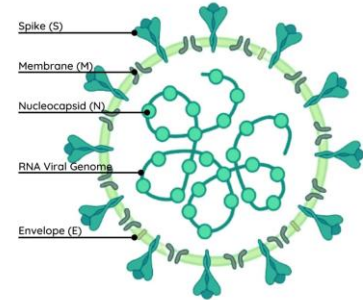
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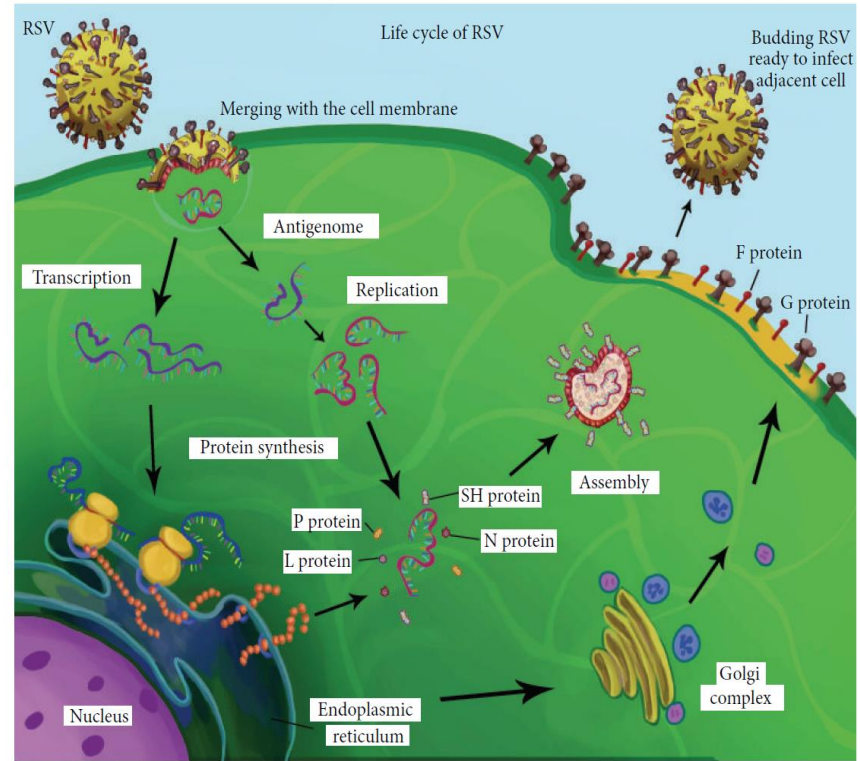
# The virus

G protein = targets ciliated cells of the airway facilitating adherence

F protein = initiates viral penetration and promotes cells to cell spread

Both F & G are key in eliciting a neutralizing antibody response

Humoral or cytotoxic T cell-mediated immunity is viral





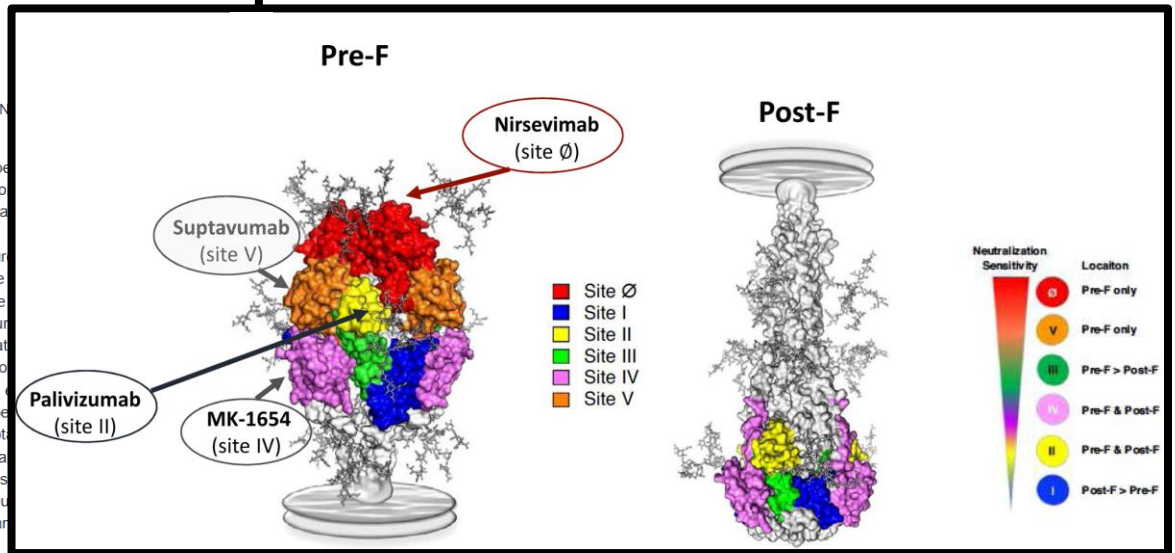
# The virus – the F protein story

## Structure of Respiratory Syncytial Virus Fusion Glycoprotein in the Postfusion Conformation Reveals Preservation of Neutralizing Epitopes

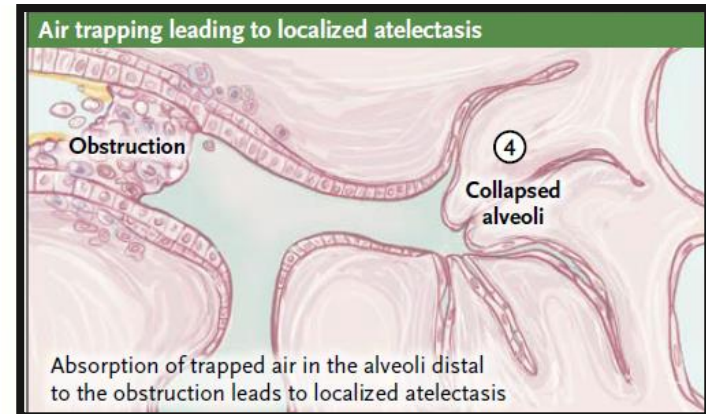
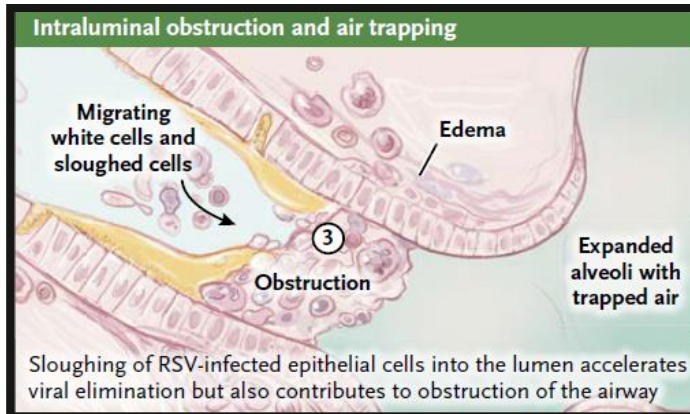
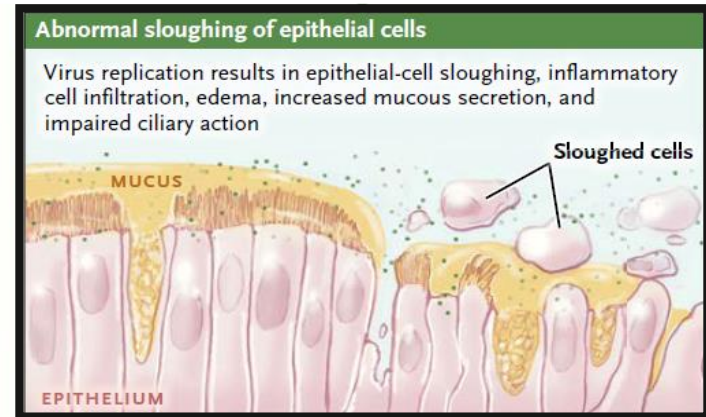
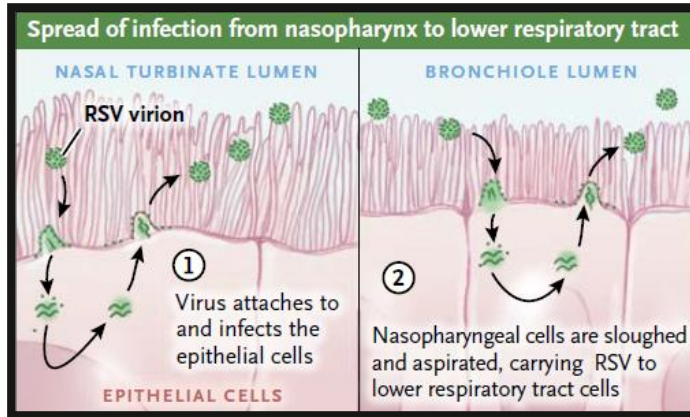
Jason S. McLellan\*, Yongping Yang, Barney S. Graham, Peter D. Kwong

Vaccine Research Center, National Institute of Allergy and Infectious Diseases, Bethesda, Maryland 20892

**ABSTRACT** Respiratory syncytial virus (RSV) invades host cells via a type that undergoes dramatic structural rearrangements during the fusion process. Monoclonal antibodies, such as 101F, palivizumab, and motavizumab, target sites on the RSV F glycoprotein. The structures of these sites as observed in the pre-fusion state have been previously determined, but a structure of the postfusion F glycoprotein ectodomain has remained elusive. To address this issue, we performed biophysical studies on stable ectodomain constructs. Here, we present the structure of the trimeric RSV F ectodomain in its postfusion conformation. The structure and location of neutralizing epitopes are present in the postfusion state and are similar to those observed in the antibody-bound peptide structures. Both pre-fusion and postfusion F glycoprotein with high affinity in surface plasmon resonance. The structure of the antibodies bound to the F glycoprotein predicts that the 101F epitope is located on a single protomer in the trimer, whereas motavizumab epitopes are located on two protomers, indicating a quaternary epitope. Mechanistically, the structure of 101F and motavizumab can bind to multiple conformations of the F glycoprotein late in the entry process. The structural preservation of neutralizing epitopes in the postfusion state suggests that this conformation can elicit neutralizing antibodies and is a useful vaccine antigen.



# The virus - pathogenesis



# The illness – the impact

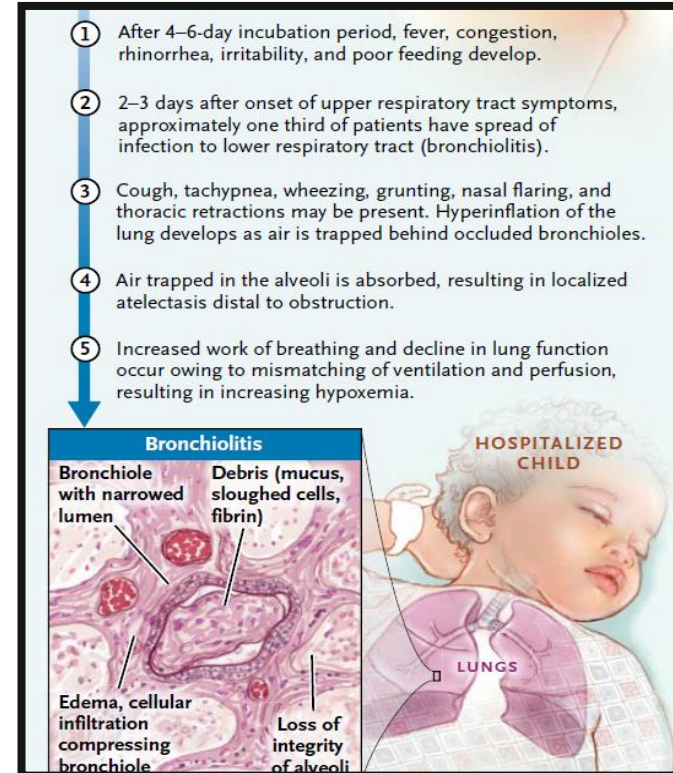
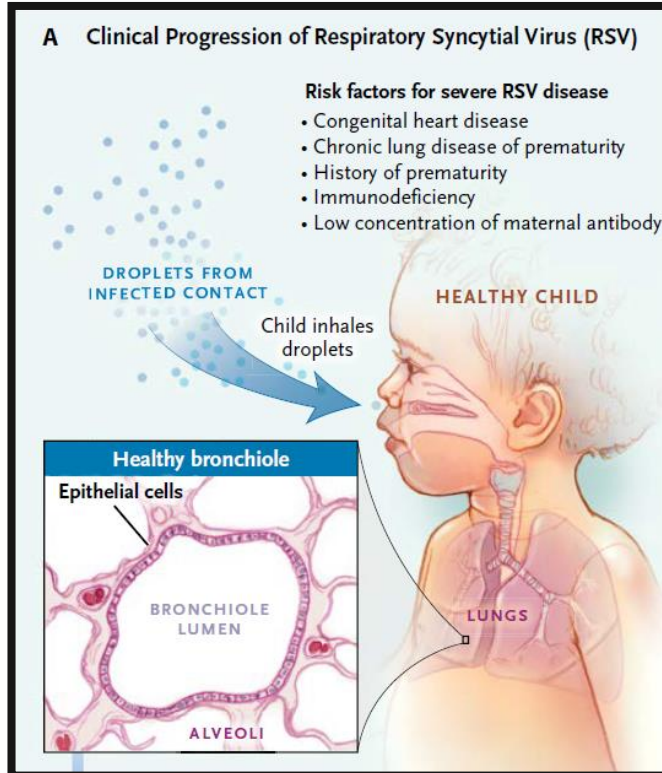
The most common pathogen associated with acute lower respiratory infection in young children:

- **Globally:** 33.1m episodes of RSV-ALRI, 3.6mill hospitalisations, 100K deaths in those < 5 years of age (mostly LMICs)
- **Australia:** 1 in 30 Australian infants hospitalised (8 times more common than influenza in those < 5 years of age)





# The illness - bronchiolitis





# The illness - pneumonia

## Prevalence of respiratory viruses in community-acquired pneumonia in children: a systematic review and meta-analysis

Mitchell T G Pratt, Tasnim Abdalla, Peter C Richmond, Hannah C Moore, Thomas L Snelling, Christopher C Blyth\*, Mejbah U Bhuiyan\*

### Summary

**Background** Respiratory viruses are increasingly detected in children with community-acquired pneumonia. Prevalence estimates vary substantially. We aimed to systematically review the prevalence of respiratory viruses associated with community-acquired pneumonia.

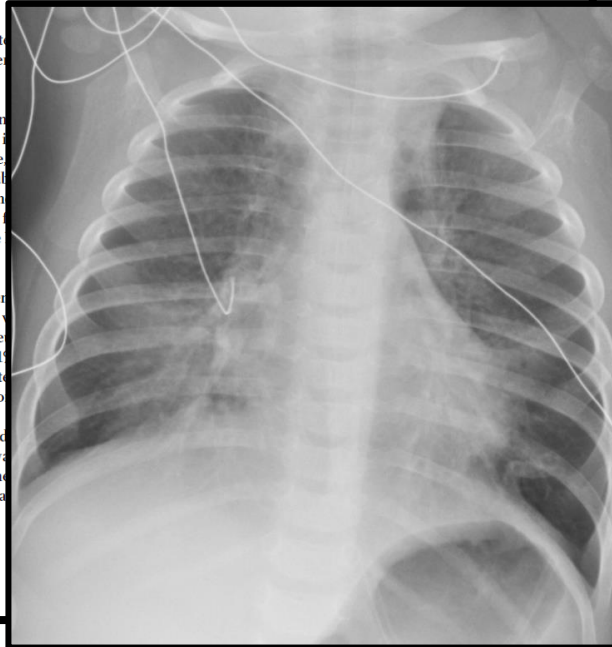
**Methods** We conducted a systematic review and meta-analysis of respiratory viruses detected by any diagnostic method in children with community-acquired pneumonia. We searched MEDLINE, PubMed, Embase and Cochrane for relevant published articles and reports published in pre-COVID-19 pandemic years. Three independent reviewers screened articles against predefined protocol. We calculated the pooled prevalence of respiratory viruses using random-effects and fixed-effects Laird random-effects models. We assessed bias using the PRISMA 2020 checklist (CRD42016034047).

**Findings** We identified 186 eligible articles that represent community-acquired pneumonia. One or more respiratory viruses were detected in 100 patients with a diagnosis of community-acquired pneumonia: respiratory syncytial virus (22.7%, 20.9–24.5) and rhinovirus (22.1%, 19.5–24.7) were the most common viruses detected in paediatric pneumonia globally, with other viruses detected in 10.0%. Prevalence by the country's national income, under-5 mortality rate and geographical region were not significantly different.

**Interpretation** Respiratory viruses are frequently detected in children with community-acquired pneumonia across all ages and geographical regions, with non-significant variations in prevalence. Targeted diagnostic strategies to limit antibiotic use in children with viral pneumonia are needed. Targeting common respiratory viruses are expected to have the greatest impact on pneumonia.

**Funding** None.

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	Overall		
	Number of studies	Prevalence (%)	I <sup>2</sup> (%)
Respiratory syncytial virus	150	22.7%	98.1%
Human rhinovirus	83	22.1%	98.5%
Human bocavirus	45	8.6%	98.1%
Human adenovirus (non-typed)	110	7.3%	97.0%
Human metapneumovirus	95	6.5%	96.3%
Human parainfluenza virus	58	6.6%	94.0%
Human parainfluenza virus 1	44	2.1%	88.6%
Human parainfluenza virus 2	40	1.1%	86.6%
Human parainfluenza virus 3	52	4.4%	94.4%
Human parainfluenza virus 4	20	2.0%	81.3%
Influenza (non-typed)	48	6.5%	89.9%
Influenza virus (non-typed)	61	5.5%	90.1%
Influenza virus H1N1	27	4.6%	93.9%
Influenza virus H3N2	16	4.8%	91.9%
Influenza B virus	58	1.8%	87.7%
Influenza C virus*	4	0.4%	50.8%
Human coronaviruses (non-typed)	32	3.5%	89.5%
Human coronaviruses NL63	19	1.0%	58.7%
Human coronaviruses 229E	15	1.2%	81.2%
Human coronaviruses OC43	20	2.3%	89.0%
Human coronaviruses HKU1	12	1.5%	87.7%
Enterovirus	33	3.7%	88.5%

# The illness – respiratory morbidity

Open Forum Infectious Diseases

MAJOR ARTICLE



OXFORD

## Factors Predicting Secondary Respiratory Morbidity Following Early-Life Respiratory Syncytial Virus Infections: Population-Based Cohort Study

Mohinder Sarna,<sup>1,2,a,\*</sup> Amanuel Gebremedhin,<sup>1,2,a</sup> Peter C. Richmond,<sup>1,3,4</sup> Kathryn Glass,<sup>1,5</sup> Avram Levy,<sup>6,7</sup> and Hannah C. Moore<sup>1,2</sup>

<sup>1</sup>Wesfarmers Centre of Vaccines and Infectious Diseases, Telethon Kids Institute, University of Western Australia, Perth, Western Australia, Australia, <sup>2</sup>Curtin School of Population Health, Curtin University, Bentley, Western Australia, Australia, <sup>3</sup>School of Medicine, University of Western Australia, Nedlands, Western Australia, Australia, <sup>4</sup>Perth Children's Hospital, Nedlands, Western Australia, Australia, <sup>5</sup>National Centre for Epidemiology and Population Health, ANU College of Health and Medicine, Australian National University, Canberra, Australian Capital Territory, Australia, <sup>6</sup>PathWest Laboratory Medicine, QEII Medical Centre, Nedlands, Perth, Western Australia, Australia, and <sup>7</sup>School of Biomedical Sciences, University of Western Australia, Nedlands, Perth, Western Australia, Australia

**Background.** The association between early-life respiratory syncytial virus (RSV) infections and later respiratory morbidity is well established. However, there is limited evidence on factors that influence this risk. We examined sociodemographic and perinatal factors associated with later childhood respiratory morbidity requiring secondary care following exposure to laboratory-confirmed RSV episode in the first 2 years.

**Methods.** We used a probabilistically linked whole-of-population-based birth cohort including 252 287 children born in Western Australia between 2000 and 2009 with follow-up to the end of 2012. Cox proportional hazards models estimated adjusted hazard ratios (aHRs) of the association of various risk factors with the first respiratory episode for asthma, wheezing and unspecified acute lower respiratory infection beyond the age of 2 years.

**Results.** The analytic cohort included 4151 children with a confirmed RSV test before age 2 years. The incidence of subsequent respiratory morbidity following early-life RSV infection decreased with child age at outcome (highest incidence in 2–<4-year-olds: 41.8 per 1000 child-years; 95% CI, 37.5–46.6), increased with age at RSV infection (6–<12-month-olds: 23.6/1000 child-years; 95% CI, 19.9–27.8; 12–<24-month-olds: 22.4/1000 child-years; 95% CI, 18.2–22.7) and decreasing gestational age (50.8/1000 child-years; 95% CI, 33.5–77.2 for children born extremely preterm, <28 weeks gestation). Risk factors included age at first RSV episode (6–<12 months: aHR, 1.42; 95% CI, 1.06–1.90), extreme prematurity (<28 weeks: aHR, 2.22; 95% CI, 1.40–3.53), maternal history of asthma (aHR, 1.33; 95% CI, 1.04–1.70), and low socioeconomic index (aHR, 1.76; 95% CI, 1.03–3.00).

**Conclusions.** Our results suggest that in addition to preterm and young infants, children aged 12–<24 months could also be potential target groups for RSV prevention to reduce the burden of later respiratory morbidities associated with RSV.

**Keywords.** age at RSV infection; asthma; linked data; respiratory morbidity; respiratory syncytial virus; wheeze.

Subgroup	No.	Time at Risk, Child-Years	Rates/1000 (95% CI)
Overall	458	23 708.7	19.3 (17.6–21.2)
Age group of subsequent respiratory morbidity <sup>a</sup>			
2–<4 y	322	7705.4	41.8 (37.5–46.6)
4–<6 y	80	6165.7	13.0 (10.4–16.2)
≥6 y	56	9837.6	5.7 (4.4–7.4)
Age at first RSV episode			
<3 mo	117	7218.2	16.2 (13.5–19.4)
3–<6 mo	116	6754.0	17.2 (14.3–20.6)
6–<12 mo	138	5859.6	23.6 (19.9–27.8)
12–<24 mo	87	3877.0	22.4 (18.2–27.7)
Gestational age			
<28 wk	22	433.0	50.8 (33.5–77.2)
29–32 wk	21	693.2	30.3 (19.8–46.5)
33–36 wk	55	2993.1	18.4 (14.1–23.9)
≥37 wk	360	19 589.5	18.4 (16.6–20.4)

<sup>a</sup> defined as hospitalisation or ED presentation for asthma, wheezing or unspecified ALRI

# The illness – risk factors for RSV hospitalisation

Journal of the Pediatric Infectious Diseases Society

ORIGINAL ARTICLE



## Estimating the Incidence of First RSV Hospitalization in Children Born in Ontario, Canada

Sarah A. Buchan,<sup>1,2,3,4</sup> Hannah Chung,<sup>2,5</sup> Teresa To,<sup>3,6,7</sup> Nick Daneman,<sup>1,2,3,8,9</sup> Astrid Guttmann,<sup>2,3,5,10</sup> Jeffrey C. Kwong,<sup>1,2,3,4,11,12</sup> Michelle Murti,<sup>1,3</sup> Garima Aryal,<sup>1</sup> Aaron Campigotto,<sup>1,13</sup> Pranesh Chakraborty,<sup>14,15</sup> Jonathan Gubbay,<sup>1,5,13</sup> Timothy Karnauchow,<sup>16,17</sup> Kevin Katz,<sup>18</sup> Allison J. McGeer,<sup>14,19</sup> J. Dayre McNally,<sup>16,20</sup> Samira Mubareka,<sup>4,13</sup> David Richardson,<sup>21</sup> Susan E. Richardson,<sup>22</sup> Marek Smieja,<sup>23</sup> George Zahariadis,<sup>24</sup> and Shelley L. Dee<sup>25</sup>

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**Background.** Respiratory syncytial virus (RSV) contributes significantly to morbidity in children, placing substantial burden on health systems, thus RSV vaccine development and program implementation are a public health priority. More data on burden needed by policymakers to identify priority populations and formulate prevention strategies as vaccines are developed and licensed.

**Methods.** Using health administrative data, we calculated incidence rates of RSV hospitalization in a population-based cohort of all children born over a six-year period (May 2009 to June 2015) in Ontario, Canada. Children were followed until their first RSV hospitalization, death, 5th birthday, or the end of the study period (June 2016). RSV hospitalizations were identified using a validated algorithm based on International Classification of Diseases, 10th Revision, and/or laboratory-confirmed outcomes. We calculated hospitalization rates by various characteristics of interest, including calendar month, age groups, sex, comorbidities, and gestational age.

**Results.** The overall RSV hospitalization rate for children <5 years was 4.2 per 1000 person-years (PY) with a wide range across age groups (from 29.6 to 0.52 per 1000 PY in children aged 1 month and 36–59 months, respectively). Rates were higher in children born at a younger gestational age (23.2 per 1000 PY for those born at <28 weeks versus 3.9 per 1000 PY born at ≥37 weeks); this increased risk persisted as age increased. While the majority of children in our study had no comorbidities, rates were higher in children with comorbidities. For all age groups, rates were highest between December and March.

**Conclusions.** Our results confirm the high burden of RSV hospitalization and highlight young infants are at additional risk, namely premature infants. These results can inform prevention efforts.

**Key words.** administrative data; hospital; incidence; pediatrics; RSV.

	<28w	28–31w	32–36w	37w+
Overall hospitalisation for children < 5 years	23.15 per 1000PY	12.51 per 1000py	7.67 per 1000py	3.86 per 1000py
Small for gestational age	37.97	14.16	7.95	4.38
Congenital lung disease / preterm lung disease	25.88	15.01	13.99	14.96
Congenital heart disease	25.91	18.22	17.38	12.87
Other congenital anomalies	19.44	21.59	13.67	6.47
Cystic fibrosis	-	-	-	11.66
Trisomy 21	-	-	34.01	23.37

Rates are 2–3 higher in First Nations children

BUT: >80% admission occur in those without risk factors

# The illness – risk factors for severe disease

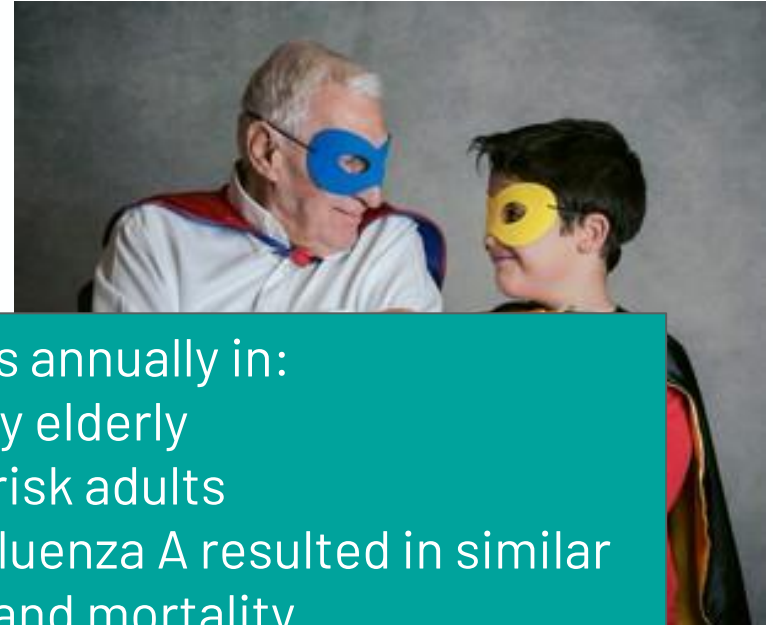
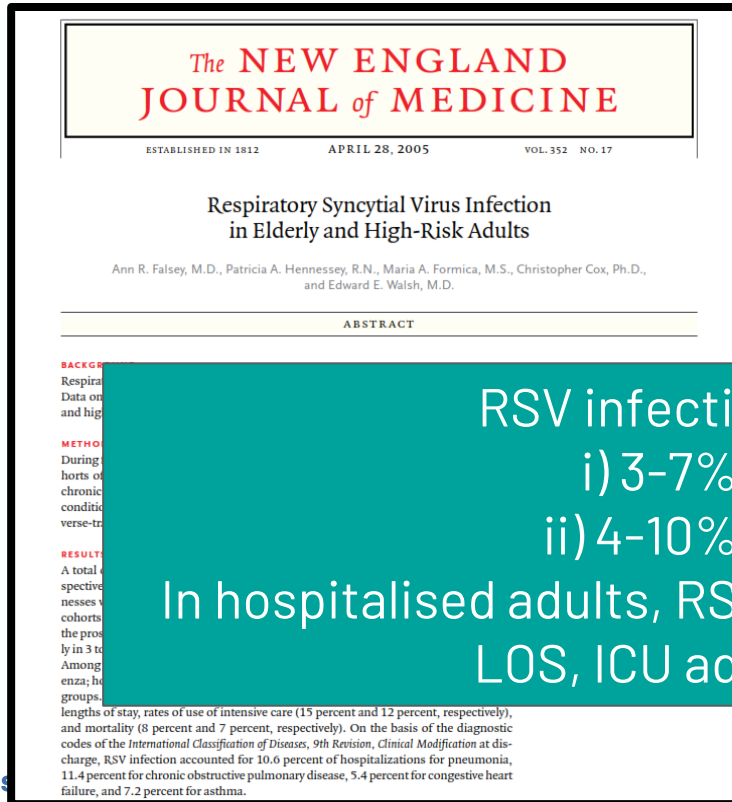
ICU admission	Crude OR (95%CI)	Adjusted OR* (95%CI)	Significance
Age <12 months	1.67 (0.72; 3.90)	1.91 (0.70; 5.19)	NS
Age 12+ months	Reference		
Comorbidity present	5.87 (2.54; 13.57)	4.96 (1.78; 13.81)	p < 0.01
Comorbidity absent	Reference		
Preterm <36w	3.60 (1.44; 9.04)	1.26 (0.40; 3.91)	NS
Term	Reference		
Aboriginal	0.66 (0.45; 0.96)	0.73 (0.49; 1.10)	NS
Non Aboriginal	Reference		

O2 and/or resp support	Crude OR (95%CI)	Adjusted OR* (95%CI)	Significance
Age <12 months	1.23 (0.86; 1.77)	1.26 (0.87; 1.84)	NS
Age 12+ months	Reference		
Comorbidity present	1.97 (1.22; 3.18)	1.39 (0.82; 2.38)	NS
Comorbidity absent	Reference		
Preterm <36w	2.74 (1.58; 4.76)	2.25 (1.25; 4.02)	p < 0.01
Term	Reference		
Aboriginal	0.88 (0.70; 1.11)	0.93 (0.74; 1.18)	NS
Non Aboriginal	Reference		

\*adjusted by age group, comorbidity, preterm status, Aboriginal status and Nirsevimab immunisation



# The illness – other important populations



RSV infection occurs annually in:

- i) 3-7% of healthy elderly
- ii) 4-10% of high-risk adults

In hospitalised adults, RSV and influenza A resulted in similar LOS, ICU admission and mortality

# The illness – other important populations



Article

## The Changing Detection Rate of Respiratory Syncytial Virus in Adults in Western Australia between 2017 and 2023

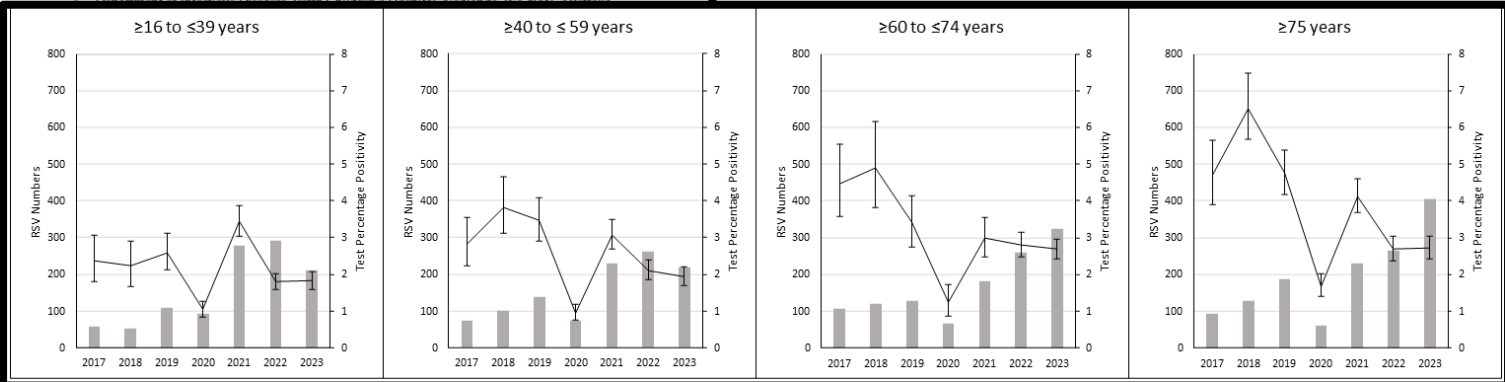
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The true burden of RSV disease in adults remains uncertain, because traditionally we have not tested for RSV.

Post COVID research is shedding new light on the burden in adults

COVID-19 respiratory virus infection, adults, seasonality

# The illness – seasonality



Article

## The Changing Detection Rate of Respiratory Syncytial Virus in Adults in Western Australia between 2017 and 2023

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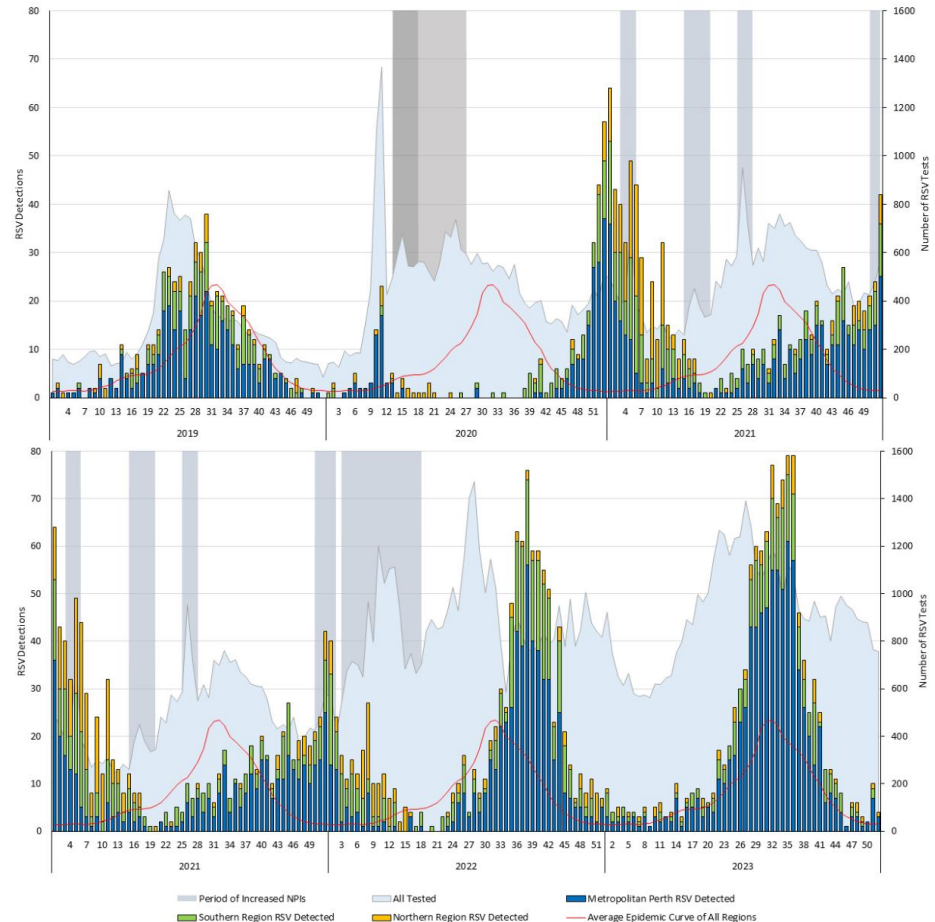
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**Abstract:** The incidence of respiratory syncytial virus (RSV) in adults is inadequately defined and the impact of SARS-CoV-2-related non-pharmaceutical interventions (NPIs) is underexplored. Using laboratory data, we described the detection rate of RSV in adults  $\geq 16$  years in Western Australia (WA) between 2017 and 2023. With the exception of 2020, RSV detections rose annually between 2017 and 2023, reaching 50.7 per 100,000 in 2023 (95% confidence interval [CI], 47.9–53.8). RSV testing expanded considerably across the study period, with the testing in 2023 more than five times the 2017 total. The detection rate was highest in adults  $\geq 60$  years between 2017 and 2019, particularly those  $\geq 75$  years. Following 2020, the detections in all age groups increased, with the highest detection rate in 2023 in those  $\geq 75$ -years (199.5 per 100,000; 95% CI, 180.5–220). NPIs significantly impacted RSV seasonality; the preceding winter pattern was disrupted, resulting in an absent 2020 winter season and two major summer seasons in 2020/21 and 2021/22. The RSV season began to realign in 2022, reverting to a winter seasonal pattern in 2023 and the largest season in the study period. Ongoing surveillance will be required to understand the stability of these increases and to delineate the impact of new immunisation strategies.

**Keywords:** respiratory infection; respiratory syncytial virus; non-pharmaceutical intervention; SARS-CoV-2; respiratory virus infection; adults; seasonality



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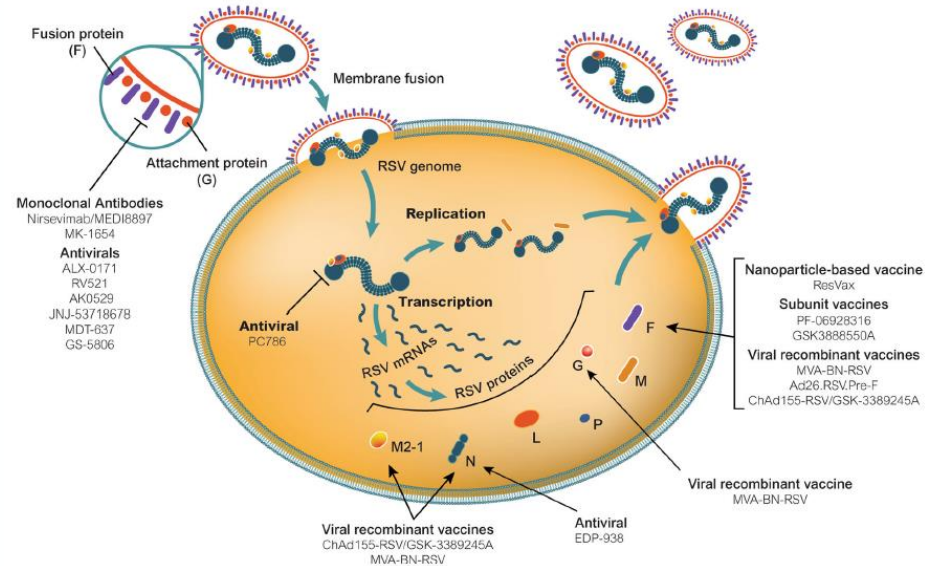
# Management of RSV

RSV is self-limiting in most children and adults – supportive care is required

Current licenced antivirals (e.g. ribavirin) are poorly effective

Emerging antivirals are showing promise

- Phase III trial showing a 5 days course of AK0529 resulted in a 30% reduction in bronchiolitis score and 77% reduction in viral load







## Summary

A common virus infecting ciliated epithelial cells of the upper and lower airway

Infection stimulates a rapid immune response but waning results in recurrent infection through one's lifetime

More severe disease observed at the extremes of age, particularly infants and the elderly

Most common cause of respiratory infection in infants and underappreciated in older individuals

Morbidity significant locally; morbidity and mortality significant globally

Management is supportive; Prevention is possible