



Mosquito bites can make you sick



Protect yourself – use mosquito repellent and wear long, loose-fitting clothing

- Apply mosquito repellent every 2–6 hours, as indicated on the product label (depending on the brand)
- Make sure it's the **right** one for the age of the person
- Use a repellent for kids and help them to apply it
- Mosquito activity is expected to increase
- Mosquitoes can carry a range of illnesses
- Be careful not to get repellent in your eyes or mouth

